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In-depth discussion of science and applications of positive psychology explores various positive conditions, such as empathy, altruism, gratitude, attachment and love. A broad exploration of culture includes special consideration of facets such as race, ethnicity, sexual orientation, generation, nation of origin, gender, and socioeconomic status.

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Positive Psychology offers a comprehensive coverage of the science and application of positive psychology, and presents new frameworks for understanding positive emotions and human strengths. The book brings the concept to life by tackling issues such as how positive psychology can help improve schooling and the workplace, as well as promote cooperative lifestyles among people.

Positive Psychology (International Student Edition): The ...

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Positive Psychology | SAGE Publications Inc

Dr. Lopez has published more than 100 articles and chapters and 10 books in addition to Positive Psychology: The Scientific and Practical Explorations of Human Strengths.

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