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Preheat the oven to 150C/Fan  
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the swede, goat's cheese, pepper  
and thyme, then pack it around  
the lamb shanks. Pour in the

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stock. Fan the turnip slices in a circle ...

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**The Low Carb Cookbook: Over**

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right way. 1. Eat Happy: Gluten Free, Grain Free, Low Carb Recipes For A Joyful Life by Anna Vocino.

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